

敬啟者：

香港傷殘青年協會是一所由殘疾人士自行管理和決策的政府註冊慈善機構，致力協助殘疾人士重建自信、建立社群網絡、提昇工作技能及就業機會，使他們更易於融入社群。

協會將於**2021年10月17日(星期日)**舉行「『健障行』·共融同樂日線上步行活動」。我們除了認同協會的理念外，亦想為同學提供多些社會服務的機會，藉此培養學生熱心服務的良好品格，現將以**學校為單位**參加是次活動，誠邀各同學踴躍參與！有關詳情如下：

日期：2021年10月17日(星期日)

步行地點：自行選擇及決定合適的地方進行步行活動

步行時間：10月17日凌晨0時至下午5時

步行目標：於以上時間內完成不少於5000步

步行檢定：大會接受參加者在手提智能電話內置的步行計算器及 App Store / Play Store 下載的任何步行計算器，並以10月17日(星期日)下午5時的步行數目為準。請以截圖的方法在當日 Whatsapp 至學校電話號碼 6591 7861，由學校一併將步行紀錄交回大會。詳情可參考附件。

備註：所有參與學生將獲大會發出的步行參與證書及大會活動紀念品，以茲證明與鼓勵。



家長可掃描左方的二維碼了解有關機構。

用 QR CODE 快速到
香港傷殘青年協會網址瀏覽

敬請家長填妥回條，並於9月30日(星期四)或之前將回條交回學校。如有任何查詢，歡迎致電 2455 1615 與曾嘉麗老師聯絡。

此致
貴家長/監護人



匡智屯門晨曦學校校長

(林莉玲) 謹啟

2021年9月13日

<<回條>>

(活字 2021-2022/02)

『健障行』共融同樂日線上步行活動事宜

敬覆者：

有關「『健障行』共融同樂日線上步行活動」事宜，本人已知悉有關內容。

本人回覆如下：(請在合適方格內加上“√”)

<input type="checkbox"/>	參加是次活動，並捐款_____元 (捐款\$100 或以上可獲發收據。請於下方表示意向： <input type="checkbox"/> 本人需退稅收據，收據姓名：_____ <input type="checkbox"/> 本人不需退稅收據)
<input type="checkbox"/>	參加是次活動，惟不捐款
<input type="checkbox"/>	不參加是次活動
<input type="checkbox"/>	不參加是次活動，惟仍捐款_____元 (捐款\$100 或以上可獲發收據。請於下方表示意向： <input type="checkbox"/> 本人需退稅收據，收據姓名：_____ <input type="checkbox"/> 本人不需退稅收據)

此覆

匡智屯門晨曦學校校長

班學生

家長/監護人簽署：



請於 9 月 30 日或前交回回條

2021 年 9 月 日

附件：

(一) 下載步行計算器程式

A. Android (安卓系統)智能電話的家長

1. 家長可到  Google Play 搜尋「步行計算器」並下載。
(因坊間有許多步行計算器，現以此程式作示範，家長亦可下載其他步行計算器程式。)
2. 完成安裝後，開啟  應用程式，按以下步驟使用。

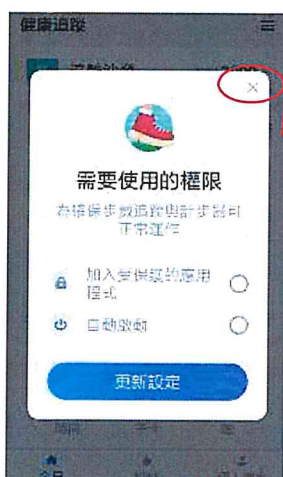


選擇性別
用於計算卡路里與步長



跳過

1





2



3. 完成，可以使用。

B. 使用 Apple 蘋果系統(iOS)智能電話的家長

1. 家長可在裝置中尋找內置的  應用程式。
2. 開啟  應用程式，便可看到下方的畫面。



續下頁

(二) 透過 Whatsapp 傳送步行計算器紀錄的截圖



1. 下午 5 時。



2. 將截圖 Whatsapp 至學校
電話號碼 6591 7861。



3. Whatsapp 的內容：

- a. 首先打出學生姓名。
(我是(學生姓名)家長)
- b. 傳送步行計算器紀錄，完成。

Hong Chi Morninglight School, Tuen Mun

Ref No: Act 2021-2022/02
September 13, 2021

Dear Parents/Guardians,

Virtual Charity Walk Fund Raising Activity for Hong Kong Federation of Handicapped Youth

Hong Kong Federation of Handicapped Youth is a government registered charitable organization managed by people with disabilities. It aims to strengthen the confidence and social network of the disabled and enhance their job skills and employment opportunities, so that they can re-integrate into the society easily.

The Federation will hold a virtual charity walk on **October 17, 2021 (Sunday)**. As we agree to the concept of the federation, in order to cultivate the serve personality and to provide more opportunities for our students to serve, **our school will join the activity as a unit**. We sincerely invite students to participate in this activity. The activity details are as follow:

- Date: October 17, 2021 (Sunday)
- Route: Choose appropriate walking path on your own
- Time: Starting from 12:00midnight to 5:00p.m. on October 17
- Target: Accumulate 5000 steps within the above set time
- Device: Participants are allowed to use built-in pedometer or download any pedometer from App Store/Play Store and take the total steps at 5p.m. on October 17 (Sunday) as finalized. Please capture a screenshot and send to 6591 7861 via WhatsApp. The school will collect the records and send to relevant organization. Please refer the attachment for details.

Remark: The Federation will issue a certificate and a souvenir to each participated student



You may view Hong Kong Federation of Handicapped Youth website using this QR CODE

Please hand in the reply slip on or before September 30 (Thursday). Should you have any enquiries, please contact our teacher Miss Tsang Kai Lai at 2455 1615.

Thank you for your kind attention.

Yours faithfully,



Lam Lee Ling
Principal

Reply Slip

Ref No: Act 2021-2022/02

Virtual Charity Walk Fund Raising Activity for
Hong Kong Federation of Handicapped Youth

Dear Principal,

I have acknowledged the above information of “Virtual Charity Walk Fund Raising Activity for Hong Kong Federation of Handicapped Youth” and (please put a ‘✓’ in the appropriate box)

<input type="checkbox"/>	will join this activity, and donate \$ _____ (Tax deductible official receipt will be issued for donation of \$100 or above. Full name on receipt: _____) <input type="checkbox"/> no need official receipt
<input type="checkbox"/>	will join this activity but will not donate
<input type="checkbox"/>	will NOT join this activity
<input type="checkbox"/>	will NOT join this activity, but will donate \$ _____ (Tax deductible official receipt will be issued for donation of \$100 or above. Full name on receipt: _____) <input type="checkbox"/> no need official receipt

Yours faithfully,

Class: _____ Student: _____

Parent /Guardian’s Signature: _____

Date: _____

Please return signed slip on or before Sep 30.

Appex:

(A) Download Pedometer

A. Android Users



1. Download Leap Fitness Group from  Google Play

(There are various pedometers and “Leap Fitness Group” is an example, it is allowed to download any pedometer.)

2. After installation, double click  the app and start the use according to below steps.



B. iOS Users

1. Search built-in app  from iPhone

2. Double click the app , below screen will pop up.



(二) Capture a screenshot and send via Whatsapp



1. 5 p.m.



2. Send the screenshot to school via Whatsapp at 6591 7861 .



3. Whatsapp Content :

- Starting with student's name
(I am (student's name) parent)
- Send the screenshot